

**JAWERIA QAISER**  
**Curriculum Vitae**  
Department of Psychology  
University of Toronto, Mississauga  
[jaweria.qaiser@mail.utoronto.ca](mailto:jaweria.qaiser@mail.utoronto.ca)

**EDUCATION**

- 2021 – Present      Ph.D., Social/Personality Psychology  
*University of Toronto (UofT)*
- 2017 – 2021      H.B.Sc., Psychology (Neurobiology) specialist & Biology minor  
*University of Toronto Mississauga (UTM)*  
Graduated with distinction.

**SCHOLARSHIPS & AWARDS**

- 2025      UofT Graduate Department of Psychology Conference Travel Award (\$500)
- 2025      SSHRC Storytellers Challenge Winner (\$4,000)
- 2025      UofT Critical Digital Humanities Initiative Travel Honorarium (\$750)
- 2025      UofT Graduate Department of Psychology Conference Travel Award (\$500)
- 2024      SSHRC Canada Graduate Scholarship Doctoral Award (\$80,000)
- 2024      UofT SGS Conference Grant (\$380)
- 2024      UofT Institute of Medical Science Art Revealing Science Symposium Winner (\$100)
- 2023      Ontario Graduate Award Scholarship (OGS; \$15,000)
- 2022      Society for Personality & Social Psychology Vignette Competition Winner (\$285)
- 2022      SSHRC Canada Graduate Scholarship Master's Level (CGS-M; \$17,500)
- 2021      UTM 3-Minute Thesis Social Sciences Division Winner (\$300)
- 2021      UTM Honour's Thesis Completion Award
- 2021      UTM Experiential Education Bursary (\$500)
- 2021      UofT Autonomy Funds (\$168)
- 2017      UTM Entrance Scholarship Award (\$1,000)

**TEACHING/ MENTORING EXPERIENCE**

- 2025-2026      **Mentor**, Research Opportunity Program student (stress as a construct of empathy)  
*University of Toronto*
- 2025-2026      **Mentor**, Research Opportunity Program student (empathising with group emotions)  
*University of Toronto*
- 2025      **Lecturer** on Psychophysiology, Summer Psychology Research Initiative  
*University of Toronto*
- 2025      **Mentor**, Independent Research Project student (stress as a construct of empathy)  
*University of Toronto*
- 2025      **Mentor**, Independent Research Project student (empathising with group emotions)  
*University of Toronto*
- 2024 – 2025      **Mentor**, Independent Research Project student (compassion fatigue)  
*University of Toronto*
- 2024      **Lecturer** on Psychophysiology, Summer Psychology Research Initiative  
*University of Toronto*
- 2024      **Guest Lecture** on Psychophysiology, Psychology of Emotions (PSY331)  
*University of Toronto*
- 2024      **Mentor**, Research Opportunity Program application writing

- 2023 *University of Toronto*  
**Lecturer** on Psychophysiology, Summer Psychology Research Initiative  
*University of Toronto*
- 2022 – 2023 **Honour's Thesis Mentor**, Physiological underpinnings of self-compassion  
*University of Toronto*

### TEACHING ASSISTANTSHIPS

- 2025 **Graduate Teaching Assistant**  
*University of Toronto*
- Perception Laboratory (PSY389) Fall 2025
  - Special Topics Seminar in Social Psychology (PSY420) Fall 2025
- 2023 – 2024 **Graduate Teaching Assistant**  
*University of Toronto*
- Introduction to Social Psychology (PSY220) Fall 2023
  - Biopsychology of Sex (PSY354) Fall 2023
  - Psychology of Emotions (PSY331) Winter 2024
- 2021 – 2022 **Graduate Teaching Assistant**  
*University of Toronto*
- Introduction to Social Psychology (PSY220) Fall 2021; Winter 2022
  - Introduction to Developmental Psychology (PSY210) Winter 2022
  - Psychology of Emotions (PSY331) Summer 2022
- 2018 – 2019 **Undergraduate Teaching Assistant**  
*University of Toronto*
- Introduction to Psychology (PSY100) Computer Lab Assistant

### TEACHING CERTIFICATIONS & COURSES

- 2022 – 2025 **Advanced University Teaching Preparation Certificate**  
*University of Toronto*
- 2022 **PSY3100: The Science of Learning**  
*University of Toronto*
- 2025 – Present **Accessible, Inclusive, and Anti-Oppressive Pedagogies Certificate**  
*University of Toronto*

### RESEARCH EXPERIENCE

- 2021 – Present **Graduate Researcher**  
*University of Toronto*  
 Supervisor: Dr. Jennifer Stellar
- 2023 – 2024 **Graduate Researcher**, Outside Project  
*University of Toronto*  
 Supervisors: Dr. Anna Kosovicheva & Dr. Benjamin Wolfe
- 2020 – 2021 **Undergraduate Researcher**, Honour's Thesis student  
*University of Toronto*  
 Supervisor: Dr. Jennifer Stellar
- 2020 – 2021 **Undergraduate Researcher**, Independent Research Project  
*University of Toronto*  
 Supervisor: Dr. Jennifer Stellar
- 2019 **Undergraduate Research Assistant**, Research Opportunity Program  
*University of Toronto*  
 Supervisor: Dr. Sanja Hinic-Frlog

- 2018 – 2019      **Undergraduate Research Assistant**, Work-Study  
*University of Toronto*  
Supervisor: Dr. Jeff Graham
- 2018 – 2021      **Undergraduate Research Assistant**  
*University of Toronto*  
Supervisor: Dr. Jennifer Stellar

## EMPLOYMENT

- 2017 – 2019      Director, Data Science Education  
*STEM Fellowship*  
Project: Organised national and international data science challenges for high school and undergraduate students engaging 400+ students. Delivered data science workshops. Negotiated and secured \$130,000+ in funding support.

## MANUSCRIPTS

- Qaiser, J.**, Draga, M., Pham, L., Leonhardt, N., & Stellar, J. E. (*invited revision*). Compassion Persists: The Effects of Repeated Exposure to Suffering on Compassion. *Journal of Personality and Social Psychology*.
- Qaiser, J.**, Leonhardt, N.D., Le, B.M., Gordon, A. M., Impett, E. A., & Stellar, J. E. (2023a). Shared Hearts and Minds: Physiological Synchrony During Empathy. *Affective Science*, 4, 711–721.

## MANUSCRIPTS IN PREPARATION

- Qaiser, J.**, Jona, D., & Stellar, J. (in preparation). When empathy hurts and helps: Exploring the functional role of stress in empathic processes.
- Ma, R., **Qaiser, J.**, Schreiber, A. M., Le, B. M., Gordon, A. M., Impett, E. A., Stellar, J. E., & Lindquist, K. A. (in preparation). Physiological co-regulation during husbands' distress disclosure predicts husbands' felt closeness and both partners' relationship satisfaction 14 days later.

## BOOK CHAPTERS

- Qaiser, J. & Stellar, J. E. (*forthcoming*). Personality and Emotion Contagion. In *Research Handbook on Personality and Emotion*.

## PUBLISHED CONFERENCE ABSTRACTS

- Qaiser, J.**, Leonhardt, N., Le, B. M., Gordon, A. M., & Stellar, J. E. (2023b). Empathy and Physiological Synchrony. In Abstracts from the 2022 Annual Meeting of the Society for Affective Science\_ Experience of Emotion. *Affective Science*, 4, 199-209.
- Qaiser, J.** & Noukhovitch, S. (2019a). 2019 Undergraduate Big Data Challenge: Big Data of Recreational Drugs. *STEM Fellowship Journal*. 5(1): 29-39.
- Qaiser, J.** & Noukhovitch, S. (2018). Abstracts from the High School Big Data Challenge 2017-2018: Think Global, Act Local with Big Data. *STEM Fellowship Journal*. 4(1): 48-55.

## NON-REFEREED CONTRIBUTIONS

- Students Connect Social Science with Advocacy in 100 Words or Less (2023c, January). *Society for Personality and Social Psychology News*. **Winner, Vignette writing competition.**

## CREATIVE CONTRIBUTIONS

- Qaiser, J.** (2025a, January). *Reading the room: Empathy for groups* [video]. YouTube. <https://youtu.be/OdLvUV-6Tj0?si=u2EGF-2f9YV2mupz>. Social Sciences and Humanities Research Council Storytellers Challenge. **Winner, SSHRC Storytellers Challenge.**

- Qaiser, J.** (2024a, February). *Shared Hearts and Minds: The Interpersonal Nature of Empathy*. [Canvas Painting, Presentation,]. Art Revealing Science Symposium, Institute of Medical Science, University of Toronto. **Winner in non-digital category.**
- Qaiser, J.** (2022a, January). *Colourful Parade* [Sculpture]. ‘Situational Inverse: Overturning Traditions,’ Greenwood, University of Toronto Mississauga.

## OPEN SCIENCE CONTRIBUTIONS

Contributor, Second Edition of BIO202 Open Access Textbook (University of Toronto, 2020)

## PRESENTATIONS

- Qaiser, J., & Stellar, J.** (2025b, June). *Reading the room: Empathic accuracy for group emotions* [Talk]. 2025 Science Writers and Communicators of Canada Conference, Fredericton, NB, Canada. **Winner, SSHRC Storytellers Challenge.**
- Qaiser, J., Wolfe, B., Kosovicheva, A., & Stellar, J.** (2025c, May). *Reading the room: Empathic accuracy for group emotions* [Talk]. 2025 Interdisciplinary Conference in Psychology, Ottawa, ON, Canada.
- Ma, R., **Qaiser, J.**, Schreiber, A. M., Le, B. M., Gordon, A. M., Impett, E. A., Stellar, J. E., & Lindquist, K. A. (2025d, March). *Physiological co-regulation during husbands’ distress disclosure predicts husbands’ felt closeness and both partners’ relationship satisfaction 14 days later*. Flash talk presented at the 2025 Society for Affective Science (SAS) Annual Conference, Portland, OR
- Qaiser, J., Wolfe, B., Kosovicheva, A., & Stellar, J.** (2025e, February). *Reading the room: Empathy for groups* [Poster]. Society for Personality and Social Psychology Annual Convention, Denver, CO, United States.
- Qaiser, J., Leonhardt, N.D., Le, B.M., Gordon, A. M., Impett, E. A., & Stellar, J. E.** (2024b, April). *Shared Hearts and Minds: Physiological Synchrony During Empathy* [Poster]. York University’s Social Personality Area (YUTSPA) Conference, York, Canada.
- Qaiser, J., Leonhardt, N.D., Le, B.M., Gordon, A. M., Impett, E. A., & Stellar, J. E.** (2024c, April). *Shared Hearts and Minds: Physiological Synchrony During Empathy* [Poster]. Social Affective Neuroscience Society, Toronto, Canada.
- Qaiser, J. & Stellar, J. E.** (2024d, February). *Having tough conversations: The psychological experience of moral discussions with those who hold opposing views*. [Talk]. University of Toronto 3-Minute Thesis competition.
- Qaiser, J. & Stellar, J. E.** (2024e, February). *Caring might not cost you: Effects of repeated exposure to suffering on compassion*. [Poster]. Society for Personality and Social Psychology Annual Convention, San Diego, CA, United States.
- Qaiser, J. & Stellar, J.** (2023e, March). *Understanding Compassion Fatigue*. [Talk]. University of Toronto Social Personality Research Group.
- Qaiser, J. & Stellar, J.** (2023f, March). *Understanding Compassion Fatigue*. [Talk]. University of Toronto Brown Bag Series.
- Qaiser, J. & Stellar, J. E.** (2023g, March). *Reading the Room*. [Talk, virtual]. University of Toronto 3-Minute Thesis competition. **Semi-finalist.**
- Qaiser, J. & Stellar, J. E.** (2023h, February). *Understanding Compassion Fatigue*. [Poster]. Society for Personality and Social Psychology Annual Convention, Atlanta, GA, United States.
- Qaiser, J., Leonhardt, N., Le, B. M., Gordon, A. M., & Stellar, J. E.** (2022b, April). *Empathy and Physiological Synchrony*. [Poster, virtual]. Society for Affective Science Annual Convention. **Selected as a top abstract, published.**
- Qaiser, J. & Stellar, J. E.** (2022c, March). *Understanding Compassion Fatigue*. [Talk, virtual]. University of Toronto 3-Minute Thesis competition. **Finalist scoring in top 10.**

- Qaiser, J.** (2022d, March). *UTM Psychology Inclusion, Diversity, Equity, and Access Panel*. [Panel of professors, postdoctoral fellows, graduate students, and alumni from minority groups help an open discussion with under-represented minority undergraduate students]. University of Toronto Mississauga.
- Qaiser, J.,** Leonhardt, N., Le, B. M., Gordon, A. M., & Stellar, J. E. (2022e, February). *Empathy and Physiological Synchrony*. [Poster, virtual]. Society for Personality and Social Psychology Annual Convention.
- Qaiser, J. & Stellar, J.** (2022f, February). *Understanding Compassion Fatigue*. [Virtual Presentation]. University of Toronto Brown Bag Series.
- Qaiser, J. & Stellar, J. E.** (2021a, December). *Physiological Sharing as a Component of Empathy: How suffering under the skin extends to conscious suffering*. [Talk, virtual]. University of Toronto Mississauga 3-Minute Thesis competition. **Winner in Social Sciences division.**
- Qaiser, J. & Stellar, J. E.** (2021b, May). *Physiological sharing during dyadic experiences of compassion*. [Poster, virtual]. Annual Ontario Psychology Undergraduate Thesis Conference.
- Qaiser, J. & Stellar, J. E.** (2021c, April). *Physiological sharing during dyadic experiences of compassion*. [Poster, virtual]. University of Toronto (Mississauga Undergraduate Thesis Day).
- Qaiser, J. & Stellar, J. E.** (2021d, April). *Physiological sharing during dyadic experiences of compassion*. [Poster, virtual]. Society for Affective Science Annual Convention.
- Qaiser, J. & Stellar, J. E.** (2021e, February). *Physiological influence between romantic partners during a compassion induction*. [Poster, virtual]. Emotions Preconference, Society for Personality and Social Psychology Annual Convention.
- Qaiser, J. & Stellar, J. E.** (2020a, April). *Methodology to Analyse Nested Physiology Data*. [Poster; cancelled due to COVID-19]. Thesis Day, University of Toronto Mississauga.
- Qaiser, J.** (2020b, March). *Psychology Student Panel*. [Successful upper-year undergraduate students share their perspectives and experience with students interested in applying to the University of Toronto's Psychology Program]. University of Toronto Mississauga.
- Qaiser, J.,** Thomas, R., Hanley, J., Loughton, S., & Hinić-Frlog, S. (2019b, August). *Student Perspective on Open Textbook Use*. [Poster]. Smarti Gras Biology Day, University of Toronto Mississauga.

## **VOLUNTEER ACTIVITIES**

- 2024 **Judge**, Summer Psychology Research Initiative  
*University of Toronto*
- 2024 **Judge**, Undergraduate Research Day  
*University of Toronto Mississauga*
- 2024 **Reviewer**, Manuscript  
*Cognitive Processing*
- 2024 **Speaker**, Undergraduate Research Student Association Networking Event  
*University of Toronto Mississauga*
- 2023 **Reviewer** (poster submissions), Annual Convention 2024  
*Society for Personality and Social Psychology*
- 2022 **Speaker** (alumni), Student Programming Planning Interactive Exhibition  
*University of Toronto Mississauga*
- 2022 **Panellist**, Panel discussion for Underrepresented Minority Groups  
*University of Toronto Mississauga*
- 2022 **Judge**, Ethics Debate Bowl  
*Ontario High School Ethics Bowl*
- 2021 – 2022 **Program Developer**, Program Committee for Inaugural Symposium  
*Psychology Graduate Student Association, University of Toronto*
- 2020 – 2021 **Workshop Developer & Facilitator**, Training for Persons with Disabilities

*Community Living Mississauga*

- 2020 **Panellist**, Panel of successful upper-year Psychology students  
*University of Toronto Mississauga*
- 2019 **Workshop Facilitator**, Introduction to Coding  
*Metamorphosis Girls STEM Conference 2019*
- 2017 **Associate Team Lead**, Scholarly Writing Challenge  
*STEM Fellowship*
- 2016 – 2019 **Workshop Developer**, Data Science Education  
*STEM Fellowship*